

FOR IMMEDIATE RELEASE SATURDAY, FEBRUARY 9, 2008

FOR MORE INFORMATION: Please contact Mike Melton at 772-334-3469

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STUART - Bryan Suarez of Okeechobee set a course record and won the second annual Fleet Feet Run For Your Heart 5K Run held Saturday morning at the Fleet Feet running store as he covered the 3.1-mile out-and-back course in 17 minutes, two seconds. Stuart's Adam Blythe was second in 17:34, and Edward Pagan of Stuart finished third in 17:46. Palm City's Dale Ruby, 46, finished seventh to win the Masters (age 40 and over) title in 18:35.

Suarez' run eclipsed the old course record of 17:43 set last year by Orlando's Robert Barber.

In the women's race, Stuart's Lori Steger won the Overall title in 20:30, Jamie Spooner of Port St. Lucie finished second in 20:50, and Cynthia Washam of Jensen Beach was third in 21:15. Washam, 50, won the Masters award for her efforts.

A total of 270 runners completed the event, which was organized by Fleet Feet and hosted by the Sailfish Striders Running Club. Twenty-five walkers completed the one-mile fun walk, and all proceeds from the event went to benefit the Frances Langford Heart Center at Martin Memorial Health Systems.

RESULTS OF THE 2ND ANNUAL FLEET FEET RUN FOR YOUR HEART 5K
(Editor's note: Results are shown as follows: Overall Finishing Place, Name, Age, Hometown, Overall Finishing Time. NA means Not Available)

MEN

OVERALL

1. Bryan Suarez, 17, Okeechobee 17:02

MASTERS (AGE 40 AND OVER)

7. Dale Ruby, 46, Palm City 18:35

10 AND UNDER

116. Carl Dudra, 7, Hobe Sound 27:03
174. Kai Seymour, 9, Jensen Beach 30:28
188. Luke Lohse, 9, Port St. Lucie 31:29
246. Jack O'Leary, 6, Palm City 38:52

11-14

5. Tyler Brennalt, 14, Hobe Sound 17:56
10. Philip Albright, 14, Palm City 19:16
29. Kelly Etienne, 14, Fort Pierce 20:57
35. Spencer Brennalt, 11, Hobe Sound 21:41
47. Patrick Weinberg, 13, Palm City 22:30
51. Jeremy Scott, 14, Port St. Lucie 22:46

59. Matthew Lohse, 14, Port St. Lucie	23:37
89. Petrus Muller, 13, Palm City	25:18
100. Hunter Brown, 13, Stuart	25:57
118. Joe O’Leary, 11, Palm City	27:12
145. Quincy Price, 14, Fort Pierce	28:18
205. Brandon Rinchack, 12, Palm City	32:18

15-19

2. Adam Blythe, 18, Stuart	17:34
3. Edward Pagan, 18, Stuart	17:46
4. Jeffrey Jerald, 16, Palm City	17:54
6. Misael Alvarado, 17, Okeechobee	18:18
9. Matthew Monahan, 16, Stuart	18:55
13. Joey Harper, 17, Stuart	19:31
14. Shawn Horvath, 15, Okeechobee	19:43
52. Patrick Schumann, 15, Stuart	22:50
53. Chris Hodum, 16, Okeechobee	22:58
70. Shawn Lovely, 17, Port St. Lucie	24:01
108. Benjamin Gallagher, 17, Port St. Lucie	26:36
133. Joseph Rouse, 15, Fort Pierce	27:48
239. Scott Glancy, 16, Port St. Lucie	36:02

20-24

19. Daryn Ploeckelman, 24, Port St. Lucie	20:15
28. Tommy Allore, 21, Port St. Lucie	20:57

25-29

12. Brent Padon, 25, Stuart	19:30
45. Mike Canan, 27, Port St. Lucie	22:09
46. David Gibson, 27, Stuart	22:17
68. Thomas Walker, 26, Port St. Lucie	23:57
138. Jesse Feldman, 25, Plantation	27:59
142. T.J. O’Brien, 25, Palm City	28:04

30-34

20. Mauricio Gallego, 31, Port St. Lucie	20:21
26. Ryan Strom, 32, Stuart	20:47
154. Ferney Montoya, 33, Port St. Lucie	28:38
157. Jason Sullivan, 31, Palm City	28:47
194. Eric McCarthy, 32, Port St. Lucie	31:46
217. Steve Connell, 30, Jensen Beach	33:04

35-39

15. Bryan Garner, 37, Palm City	19:46
22. John Procell, 38, Jensen Beach	20:28
24. Stephen McIntyre, 38, Palm City	20:33

69. Ken Gordon, 38, Palm Beach Gardens	24:00
82. Steven Martine, 39, Jensen Beach	24:47
88. Douglas Branion, 35, Port St. Lucie	25:10
179. Scott Samples, 36, Port St. Lucie	30:45
186. John Romano, 38, Stuart	31:26
196. Paul Thompson, 39, Jensen Beach	31:51
221. Bryan Graham, 37, Palm City	33:21

40-44

11. Cary Allen, 44, Hobe Sound	19:29
21. Stephen Cortes, 42, Port St. Lucie	20:25
25. Scott Sturtz, 42, North Palm Beach	20:35
33. Mark Rose, 42, Port St. Lucie	21:29
39. Joe Hackett, 44, Jupiter	21:54
48. James Silvia, 41, Sebastian	22:32
54. Ed Weinberg, 44, Palm City	23:09
57. Tim Woltmann, 42, Stuart	23:31
60. Carl Brome, 44, Port St. Lucie	23:38
61. Mike Delowery, 43, Palm City	23:39
79. Carl Radish, 41, Port St. Lucie	24:34
97. Jeffrey Marshall, 40, Palm City	25:48
102. George Hughes, 43, Palm City	26:01
152. Thomas Kirk, 44, Stuart	28:32
197. Brandon Perron, 43, Stuart	31:55
225. John Hourii, 44, Palm City	33:48
247. Mike O'Leary, 41, Palm City	38:52

45-49

16. Peter Erwig, 46, Port St. Lucie	19:54
30. Alex Vennos, 48, Palm City	21:03
49. Jorge Castillo, 46, Parkland	22:35
58. Fred Pollak, 48, Stuart	23:32
87. Jon Blakeslee, 49, Stuart	25:07
109. Jan Krestan, 47, Palm City	26:41
120. Mark D'Elia, 45, Stuart	27:18
141. Michael McHale, 47, Stuart	28:03
159. Robert Sousa Sr., 48, Stuart	28:55
182. Guy Federico, 46, Derwood (MD)	30:54
195. Fred Sundin, 49, Jensen Beach	31:51
235. Rob Taylor, 46, Palm City	35:38
240. Scott Hunter, 46, Stuart	36:16

50-54

8. Tom Perona, 53, Fort Pierce	18:45
17. Chris McKnight, 52, Jupiter	20:06
18. John Kemler, 50, Jensen Beach	20:10

50. John Sunderman, 53, Stuart	22:37
63. Charlie Meyer, 50, Hobe Sound	23:45
72. Joseph Gage, 52, Stuart	24:11
84. John Silvia, 51, Port St. Lucie	25:05
91. Tim Pagel, 50, Jupiter	25:31
98. Michael Burleigh, 51, Jensen Beach	25:49
106. Sam Steger, 51, Palm City	26:17
128. Jerry Bocchino, 51, Jensen Beach	27:40
129. Gary Griffis, 52, Stuart	27:41
135. A. Topping, 50, Port St. Lucie	27:53
139. Robert Fox, 51, Stuart	28:01
211. Scott Feldman, 51, Stuart	32:49
213. Richard Lawton, 51, Port St. Lucie	32:55

55-59

40. Glenn Boundy, 58, Fort Pierce	21:55
42. Gary Selden, 58, Jupiter	22:01
71. Jim Langridge, 59, Stuart	24:08
76. Michael Riordan, 56, Fort Pierce	24:25
90. Andy Hodas, 59, Port St. Lucie	25:18
107. Michael Chimney, 56, Jupiter	26:24
112. Kevin Peck, 56, Jensen Beach	26:46
167. Jurphaas Van Rietschoten, 58, Stuart	29:44
259. Gregory Hall, 57, Jensen Beach	30:00

60-64

74. Cliff Held, 62, Port St. Lucie	24:16
144. Cal Cameron, 63, Port St. Lucie	28:06
232. Gerald Kosloski, 63, Hobe Sound	35:22

65-69

62. Clem McGrath, 68, Colchester (CT)	23:44
85. Richard Brooks, 68, Boynton Beach	25:05
130. Michael Herlihy, 65, Jensen Beach	27:43
172. Tom Walker, 65, Stuart	30:22

70-74

86. Jim Askew, 71, Stuart	25:06
115. Les Plumb, 74, Fort Pierce	27:02
199. Russ Stutzman, 72, Jensen Beach	31:56
216. Richard Bonham, 70, Stuart	33:01
237. Howard Schultheiss, 70, Whitestone (NY)	35:48

75 AND OVER

94. Geoffrey Etherington, 79, Jupiter	25:36
176. Joseph Fennick, 80, New Castle (PA)	30:31

177. Avery Robbins, 78, Hobe Sound 30:37

WOMEN

OVERALL

23. Lori Steger, 26, Stuart 20:30

MASTERS

31. Cynthia Washam, 50, Jensen Beach 21:15

10 AND UNDER

224. Nina Houri, 8, Palm City 33:42

234. Mikayla Taylor, 10, Palm City 35:37

254. Chane Rens, 8, Palm City 41:46

11-14

55. Kelly Scott, 14, Hobe Sound 23:10

56. Laurie Scott, 12, Hobe Sound 23:11

73. Hanna Boundy, 14, Fort Pierce 24:13

122. Laretta Harper, 11, Stuart 27:21

169. Caitlyn Stewart, 14, Jensen Beach 29:55

183. Megan Cartwell, 13, Port St. Lucie 31:03

265. Luzcon Rens, 13, Palm City 49:20

266. Windy Franklin, 14, Palm City 49:21

15-19

43. Stacy Paton, 17, Stuart 22:05

163. Shannon Schriener, 15, Stuart 29:07

214. Brittany Borchert, 17, Port St. Lucie 32:56

20-24

93. Heather Pitts, 21, Fort Pierce 25:33

111. Stockli Chantal, 24, Coral Springs 26:46

114. Sarah Hyland, 24, Stuart 26:59

168. Amber Garrod, 20, Stuart 29:48

189. Stephanie Adams, 20, North Palm Beach 31:30

249. Shannon DeVore, 24, Fort Pierce 36:17

258. Heather Byrd, 23, NA 43:42

25-29

34. Bonnie Galdys, 28, Stuart 21:39

78. Tara Conley, 27, Port St. Lucie 24:33

149. Christine Desantis, 28, Stuart 28:26

185. Eve Samples, 29, Port St. Lucie 31:16

219. Robyn Connell, 29, Jensen Beach 33:15

249. Brianne O'Brien, 28, Port St. Lucie 39:56

261. Erica DeVore, 25, Fort Pierce 47:36

30-34

27. Jamie Spooner, 31, Port St. Lucie	20:50
36. Gina Peruski, 32, Port St. Lucie	21:43
44. Allison Mahieu, 31, Port St. Lucie	22:08
83. Kyra Sullivan, 31, Palm City	25:01
96. Dawn Godwin, 34, Stuart	25:46
147. Paula Hall, 33, Stuart	28:21
158. Alice Roseman, 34, Stuart	28:55
170. Laura Attridge, 32, Jupiter	30:03
198. Amy Kreyling, 30, Stuart	31:56
200. Angie Hood, 30, Port St. Lucie	31:57
206. Courtney Wood-Harvin, 32, Stuart	32:21
227. Christina Tinney, 33, Palm City	33:57
228. Stephanie Glenn, 34, Palm City	34:50
242. Maureen Kenyon, 34, Port St. Lucie	36:24
255. Alida Rens, 34, Palm City	41:46
257. April Sallee, 30, Palm City	43:38
268. Christina Lopez, 32, Fort Pierce	49:46

35-39

65. Isabel Casariego, 37, Jensen Beach	23:48
66. Tanya Gabbett, 35, Jensen Beach	23:49
77. Laurie Conlon, 38, Stuart	24:27
95. Ladonna Snick, 37, Port St. Lucie	25:39
103. Donna Arena, 37, Port St. Lucie	26:06
146. Kate Vega, 36, Port St. Lucie	28:19
155. Sibel Miglino, 38, Port St. Lucie	28:38
193. Renee Curry, 39, Palm City	31:37
209. Michelle Williams, 38, Hobe Sound	32:41
215. Tanya Thuman, 35, Stuart	32:57
220. Sandra Muller, 38, Palm City	33:17
222. Christine Mazzetta, 37, Palm City	33:28
265. Gloria Tian, 35, Tequesta	48:53

40-44

41. Kathy Perona, 44, Fort Pierce	21:56
67. Kathy Delowery, 43, Palm City	23:52
75. Lisa Thiesen, 41, Jensen Beach	24:17
101. Anette Gosselin, 43, Stuart	25:58
104. Lori Busacca, 43, Palm City	26:08
110. Noelle Coughlan, 41, Port St. Lucie	26:44
113. Cathleen Kaltenhauser, 44, Stuart	26:50
117. Stacey Justine, 40, Stuart	27:04
127. Catherine Rosloniec, 43, Stuart	27:40
132. Debbie Knupp, 44, Stuart	27:48

134. Robin Kass, 41, Stuart	27:50
137. Diane Mosciski, 44, Jensen Beach	27:54
151. Kathy Klaffer, 44, Port St. Lucie	28:29
164. Cherene Topping, 40, Port St. Lucie	29:10
165. Susan Skaryd, 44, Jensen Beach	29:18
175. Lisa Holland, 41, Jensen Beach	30:29
207. Heidi Lohse, 43, Port St. Lucie	32:24
208. Barbara Barker, 42, Fort Pierce	32:30
210. Maggie Stewart, 44, Jensen Beach	32:47
218. Carmela Kirk, 44, Stuart	33:14

45-49

37. Rita Young, 47, Jensen Beach	21:47
81. Randi Garvey, 48, Tequesta	24:41
105. Janet Napolitano, 46, Port St. Lucie	26:09
119. Sue Taubler, 45, Stuart	27:14
124. Patti Sime, 45, Hobe Sound	27:28.0
125. Lynn Booth, 47, Stuart	27:28.7
143. Cathy Cook, 47, Jensen Beach	28:06
148. Susan Morris, 47, Port St. Lucie	28:23
150. Ellen Viamontes, 48, Jensen Beach	28:29
166. Carol Gwyn-Williams, 45, Hobe Sound	29:28
180. Marie Wilson, 49, Hobe Sound	30:49
181. Barbara Rose, 46, Hobe Sound	30:55
190. Alison Morris, 47, Hobe Sound	31:31
192. Marilyn Harris, 47, Port St. Lucie	31:35
201. Linda Billington, 46, Stuart	32:02
233. Sherry Glancy, 49, Palm City	35:24
245. Diana Buglion, 48, Palm City	38:23
269. Donna Cartwell, 46, Port St. Lucie	51:27.4
270. JoAnn Watt, 49, Port St. Lucie	51:27.7

50-54

32. Donna Tinney, 52, Jensen Beach	21:21
38. Mary Hensley, 53, Port St. Lucie	21:53
80. Karen Steger, 51, Palm City	24:35
92. Lynn Navitsky, 50, Jensen Beach	25:33
99. Mary Von Bevern, 54, West Islip (NY)	25:51
121. Heather Few, 54, Stuart	27:19
123. Patricia Shelly, 51, Palm City	27:23
131. Susan Hastings, 52, Palm City	27:45
153. Elaine Bell, 52, Fort Pierce	28:36
156. Amy Vanderbreggen, 50, Port St. Lucie	28:39
161. Kale Gilbert, 52, Hobe Sound	28:59
162. Kathie Wagar, 52, Indiantown	29:03
171. Jane Reynolds, 51, Stuart	30:13

173. Nicci Olson, 50, Port St. Lucie	30:24
203. Cindy Pingolt, 51, Stuart	32:07
204. Cynthia McIntosh, 51, Port St. Lucie	32:14
212. Sue Lawton, 51, Port St. Lucie	32:55
223. Lisa McCluskey, 51, West Palm Beach	33:28
231. Patty Thaxton, 50, Stuart	35:21
236. Margaret Smith, 52, Stuart	35:44
238. Jacqueline Wirth, 54, Fort Pierce	35:57
248. Sherry Center, 51, Jensen Beach	39:27
250. Linda Share, 52, Port St. Lucie	39:57
253. Cynthia Silva, 53, Port St. Lucie	40:51
256. Maryann VanEwyk, 53, Stuart	42:10
260. Kerry Jellum, 53, Jensen Beach	47:29
262. Audrey Ramirez, 51, Port St. Lucie	47:36

55-59

126. Robin Delgado, 55, Stuart	27:32
140. Clair Brunetti, 56, Port St. Lucie	28:02
160. Cindy Irish, 55, Port St. Lucie	28:58
178. Marilyn Martin, 57, Port St. Lucie	30:40
187. Nancy Bell, 57, Port St. Lucie	31:27
202. Kit Robitaille, 56, Palm City	32:02
243. Sandi Hellstrom, 57, Port St. Lucie	36:31
263. Ellen Briggs, 55, Stuart	47:45

60-64

136. Joanne Neidlinger, 60, Palm City	27:54
226. Jose Anderson, 61, Indiantown	33:49
230. Linda Jensen, 62, Jensen Beach	35:17
244. Anne Pouliot, 61, Hobe Sound	36:50
252. Patty Beonde, 60, Stuart	40:15
267. Ann Ballard, 62, Port St. Lucie	49:40

65-69

191. Becky Kotler, 69, Manchester Center (VT)	31:31
251. Renate Traylor, 66, Stuart	39:58

70-74

No Finishers

75 AND OVER

184. Marilyn Walters, 76, Jensen Beach	31:04
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